

Week 5 Breakfast and Lunch Menu

	Monday 13-Feb	Tuesday 14-Feb	Wednesday 15-Feb	Thursday 16-Feb	Friday 17-Feb	Saturday 18-Feb	Sunday 19-Feb
	Scrambled Eggs Crispy Bacon Buttermilk Pancakes Yogurt/Fresh Fruit Tater Tots Grits Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Sausage Patties Cinnamon Toast Yogurt/Fresh Fruit Baked Hash Brown Patty Brown sugar Oatmeal Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Ham Steak Egg and Cheese Bagel Yogurt/Fresh Fruit Tater Tot Cheese Grits Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Yogurt/Fresh Fruit Hash Brown Pattys Honey Oats Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Pork Sausage Links French Toast Yogurt/Fresh Fruit Home Fries Grits Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Sausage links Pancakes with strawberry topping Yogurt/Fresh Fruit Tater Tots Brown sugar Oatmeal Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon French Toast sticks Yogurt/Fresh Fruit Baked Hashbrown Patty Grits Biscuit and Gravy Belgian Waffle Bar with Fruit Toppings
	Made to Order Omelets Cheddar and Mozzarella Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach	Burritos Flour Tortilla Refried Beans, Seasoned Ground Beef Shredded Cheese, Guacamole Lettuce, Tomatoes, Jalapenos Salsa and Sour Cream	Cheesecake Station Caramel Chocolate syrup Crusted Nuts Whipped Cream Strawberry topping	Stir Fry Chicken, Broccoli, Green onions Mushrooms Saute Onions & Peppers Seasoned Brown Rice	Boneless Chicken Wings Buffalo Hot Sauce Lemon Pepper BBQ Sauce	Eggs and Omelets to Order American and Cheddar Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach	Eggs and Omelets to Order American and Cheddar Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach
	Chicken and Cheese Slider	Club sandwich	Grilled italian veg Pita	BBQ and Cheddar	Ham wraps	Core Deli	Core Deli
	Tomato Beef and Rice Baked Potatoes Southwest Roasted Corn Steamed Seasoned Broccoli Garlic rolls	Pot Roast/Gravy Navy beans Mashed Potatoes Sauteed Cajun Zucchini Steamed Green Beans	Fried Chicken Steamed Red potatoes with Parsley Yellow Squash with red roasted peppers Turnip Greens Biscuits	BBQ Chicken White Rice Seasoned Pinto Beans Steamed Broccoli Sauteed Squash & Edamame Succotash	Jambalaya Hashbrown Casserole Sauteed Onion, Carrot, and Zucchini Creamed Corn	BBQ Meatballs Steamed Broccoli Glazed Baby Carrots Mashed Potatoes	Meatloaf Crispy Okra Roasted Corn & Bell Peppers Spanish yellow Rice
	Cheese Pizza Pepperoni Pizza Chicken Ranch and Siracha Pizza Macaroni & Cheese	Cheese Pizza Pepperoni Pizza Garlic Sticks Penne Pasta Assorted Sauces	Cheese Pizza Pepperoni Pizza Veggie Pizza Chicken Rotini Bake	Cheese Pizza Pepperoni Pizza White Cheesy Pizza Garlic Cream Bowties	Cheese Pizza Pepperoni Pizza Veggie Pizza New England Shrimp and Cheddar Bake	Cheese Pizza Pepperoni Pizza Breakfast Pizza	Cheese Pizza Pepperoni Pizza Breakfast Pizza
	Creole Baked Pollock	Greek Garlic Chicken with Taziki Sauce	Roast Turkey/ Mango Salsa	Slow Roasted Loin of Pork with a Rosemarv Au Jus	Pan asian Grilled Chicken Thighs	Basa Catfish with Thai Chili Glaze	Turkey Salisbury steak
	Old Fashion Hamburger Chicken Tenders French Fries	Grilled Marinated Chicken Breast Cheese Quesidilla French Fries	Old Fashion Hamburger Polish Kibasa with peppers and Onions	Grilled Marinated Chicken Breast Grilled Balogna & Cheese Sandwich Onion Rings	Old Fashion Hamburger Hot Dogs French Fries	Grilled Marinated Chicken Breast Cheese Quesidilla French Fries	Old Fashion Hamburger Grilled Cheese French Fries
	Ranch Broccoli Pasta Salad Tuna salad	Tuna salad Pasta Italiano Salad	Pasta Italiano Salad Cole slaw	Southern Chicken Salad Cole slaw	Turkey Pasta Salad Potato salad	Small Salad Bar	Small Salad Bar
	Hot and Sour Soup	Chicken Noodle	Vegetable Rice	Beef Noodle	Tomato soup	soup Du Jour	soup Du Jour

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.